

Orange – Relationships

Green- Health and wellbeing

Blue- Living in the wider world

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	How can we look after each other and the world?	Who is special to us?	What helps us stay healthy?	What is the same and different about us?	Who helps to keep us safe?	What can we do with money? Swapped back in 2021
Year 2	What makes a good friend?	How do we recognise our feelings?	What is bullying?	What helps us to stay safe?	What helps us grow and stay healthy?	What jobs do people do?
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	How do we treat each other with respect?	What strengths, skills and interests do we have?	How can we manage our feelings?	What decisions can people make with money?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	How can friends communicate safely?	How can we help in an accident or emergency?	What jobs would we like?	How will we grow and change?	How can drugs affect health?

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Year 6	How can we keep healthy as we grow?	How can the media influence people?	What will change as we become more independent? How do friendships change as we grow?
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